



SECTION IX ATHLETICS

Robert Thabet, Executive Director

Section IX Athletic Council Meeting

Tuesday, March 2, 2010

Walkill High School at 9:30 a.m.

1. Call to Order: Bob Thabet
2. Pledge of Allegiance: Bob Thabet
3. Approval of January 12, 2010 Minutes: Bob Thabet
4. Financial Report: Jim Osborne
5. NYS PHSAA Representative – Bob Stulmaker
6. NYS PHSAA Representatives – Roberta Greene and Jim Wolfe
 - a. January 21, 2010 Meeting
7. Boys Tennis Chairperson – Back from the Leagues
8. Girls Volleyball Chairperson - Back from the Leagues
9. Start Dates 2010-2011 – Bob Thabet
10. Meeting Dates and Sites for 2010-2011 – Bob Thabet
11. Winter Chair Reports:

a. Girls Basketball	Ken Rubino
b. Boys Basketball	Fred Ahart
c. Ice Hockey	Paul Bacsardi
d. Girls & Boys Indoor Track	Mike White
e. Boys Swimming	Scott Warner
f. Wrestling	Jeff Cuilty
g. Gymnastics	Lee Ann Digsby
h. Nordic Skiing	Jon Stern
i. Alpine Skiing	Janet Carey
j. Bowling	Amy McArdle
12. Spring Chair Reports:

a. Softball	Bruce Guyette
b. Baseball	Dave Onusko
c. Boys Golf	Dick O’Neill
d. Girls Golf	Bill Earl
e. Girls Lacrosse	Wendy Crandall
f. Boys Lacrosse	Bob Slate
g. Boys Tennis	Bob Siracuse
h. Track & Field	Joe Iatauro
i. Track & Field	Eric McLaugh
13. Chair Reports:

a. Girls & Boys Modified Sports	Brian Devincenzi & Helenanne Gillinder
b. Safety	Janet Carey
c. Chemical Health	Marco Lanzoni
d. Officials Coordinator	Dennis Burkett
e. Eligibility	Fred Ahart
f. Sportsmanship	Glen Maisch
14. New Business
15. Old Business
16. Adjournment

Next Meeting Date: Tuesday, April 13, 2010 at 9:30 a.m. at Orange-Ulster BOCES at 9:30 a.m.

New York State Public High School Athletic Association, Inc.

STAFF

Ma VanErk, Executive Director
Robert E. Stulmaker, Assistant Director
Todd Nelson, Assistant Director
Joe Altieri, Director of Marketing & Media
Kathleen Hagle, Treasurer



OFFICERS

Patrick Pizzarelli, President
Mark J. Ward, 1st Vice President
Eileen Troy, 2nd Vice President
Dr. Ronald Black, Past President

NYSPHSAA Executive Committee Meeting

January 21, 2010

Via Conference Call

AGENDA ITEMS

- Approved ❖ Approval of December 2009 Executive Committee meeting minutes
- Approved ❖ Appointment of Peter Hugo as Boys Swimming & Diving State Coordinator (through August 31, 2013)
- Approved ❖ Middletown High School (9) – Boys Soccer Championships 2010 and 2011
- Approved ❖ Section 3 – Reduction of required contests in Indoor Track
- Approved ❖ Section 9 – Reduction of required contests in Indoor Track, Skiing, Girls Gymnastics
- ❖ Practice Requirement Discussion – Back to the Section for Discussion
- Approved ❖ Classification Variations
- Football
 - Girls Volleyball
 - Cross Country
 - Field Hockey
 - Boys Lacrosse
 - Girls Lacrosse
 - Boys Volleyball
- ❖ Section Concerns - Input Section IX
1. Request of a waiver to Rule 1-15/Pink Game Balls may Not be used – Girls Basketball
NYSPHSAA did not approve Section IX request. There were two recommendations made:
 - A. Use of a pink basketball in a ceremonial toss at the start of the game.
 - B. The topic will be put on the next NYSPHSAA Girls Basketball Committee Agenda.
 2. Review of Bob Thabet's letter regarding the classification of the Rhinebeck School District and a review of the process/procedure used for the school districts.
 - A. The approved classification numbers can not be appealed.

SYNOPSIS OF ACTIONS
January 2010 EXECUTIVE COMMITTEE MEETING
Via Conference Call

ACTION ITEMS

1. P3 Approved December 2009 Executive Committee minutes.
2. P3 Approved a reduction in the number of required contests from 6 to 4 in Boys and Girls Indoor Track in Sections 1, 6, 8, 9, 10 and 11.
3. P3 Approved a reduction in the number of required contests from 6 to 3 in Boys and Girls Indoor Track in Section 3.
4. P3 Approved a reduction in the number of required contests from 6 to 4 in Skiing and Girls Gymnastics in Section 9.
5. P3 Approved the appointment of Peter Hugo as Boys Swimming and Diving State Coordinator effective through August 31, 2013.
6. P3 Approved Boys Soccer State Championships in 2010 and 2011 be held at Middletown High School (9), Outdoor Track and Field State Championships in 2011 be held at Caledonia-Mumford (5), and Baseball State Championships in 2011, 2012 and 2013 be held at Binghamton (4).
7. P4 Approved the Classification Variation numbers in Football:
Class AA: 1000-up; Class A: 600-999; Class B: 400-599; Class C: 260-399; Class D: 0-259.
8. P4 Approved the Classification Variation numbers in Girls Volleyball:
Class AA: 1040-up; Class A: 690-1039; Class B: 436-689; Class C: 256-435; Class D: 0-255.
9. P4 Approved the Classification Variation numbers in Boys/Girls Cross Country:
Class AA: 1025-up; Class A: 645-1024; Class B: 425-644; Class C: 256-424; Class D: 0-255.
10. P4 Approved the Classification Variation numbers in Field Hockey remain the same.
Class A: 915-up; Class B: 914-450; Class C: 449-below.
11. P4 Approved the Classification Variation numbers in Boys Lacrosse:
Class A: 1050-up; Class B: 650-1049; Class C/D: 0-649.
12. P4 Approved the Classification Variation numbers in Girls Lacrosse:
Class A: 1050-up; Class B: 675-1049; Class C: 0-674.
13. P4 Approved the Classification Variation numbers in Boys Volleyball:
Class A: 1000-up; Class B: 0-999.
14. P5 Tabled a motion for an annual review of Classification numbers and Classification Variation numbers at the December Executive Committee meeting.
15. P5 Approved adjournment.

2010-2011 NYSPHSAA Championship Dates/Sites

Fall 2010

Nov. 6, 7, 8	Girls Tennis	Eastside Racquet Club, Manlius (3)
Nov. 13	Boys Gymnastics (Reg.)	SUNY Brockport (5)
Nov. 13	Boys/Girls X-Country	Lakeside Park (1)
Nov. 19-20	Field Hockey	Cicer-North Syracuse (3)
Nov. 19-20	Girls Soccer	SUNY Cortland/Homer /Tompkins CCC (3)
Nov. 19-20	Girls Swimming/Diving	Erie CC (6)
Nov. 19-20	Football East Semi	Dietz Stadium, Kingston (9)
Nov. 19-20	Football West Semi	Paetec Park, Rochester (5)
Nov. 20	Boys Volleyball	Cicero-North Syracuse HS (3)
Nov. 20	Federation X-Country	Bowdoin Park, Wappingers Falls (1)
Nov. 20-21	Boys Soccer	Middletown (9)
Nov. 20-21	Girls Volleyball	Civic Center, Glens Falls (2)
Nov. 26-28	Football Finals	Carrier Dome, Syracuse (3)

Winter 2010-11

Feb. 25-26	Wrestling	Times Union Center, Albany (2)
Feb. 26	Girls Gymnastics	TBA
Feb. 26	Girls Volleyball (Regional: 3/4/7)	TBA
March 1-2	Boys/Girls Skiing	Hunter Mountain (4)
March 4-5	Boys Swimming/Diving	Erie CC (6)
March 5	Rifle (Regional)	TBA
March 5	Boys/Girls Indoor Track/Field	Barton Hall, Cornell U., Ithaca (4)
March 5-6	Boys/Girls Bowling	Section 2
March 6	Boys Volleyball (Regional: 2/3)	Section 2
March 12-13	Ice Hockey	Memorial Auditorium, Utica (3)
March 18, 19, 20	Boys Basketball	Glens Falls Civic Center (2)
March 18, 19, 20	Girls Basketball	Hudson Valley C.C., Troy (2)
March 26-27-28	Boys/Girls Federation Basketball	Glens Falls Civic Center (2)

Spring 2011

June 2, 3, 4	Boys Tennis	USTA Complex (NYC)
June 4, 5, 6	Boys Golf	Cornell Univ. (4)
June 8	Boys Lacrosse East Semi	Marist College (9)
June 8	Boys Lacrosse West Semi	St. John Fisher (5)
June 10-11	Boys/Girls Outdoor Track/Field	Section 5
June 10-11	Girls Lacrosse	SUNY Cortland (3)
June 11	Boys Lacrosse Finals	Cicero-North Syracuse HS (3)
June 11	Baseball	TBA
June 11	Softball	Adirondack Sport Complex (2)
June 10, 11, 12	Girls Golf	SUNY Delhi (4)
June 12	Federation Golf	TBA

FUTURE DATES/SITES as of 12/6/09

FALL		2011-12	2012-13
G. Tennis	Date	Nov. 5, 6, 7	Nov. 3, 4, 5
	Site	Eastside Racquet Club (3)	Eastside Racquet Club (3)
B/G X-Country	Date	Nov. 12	Nov. 10
	Site	Vernon-Verona-Sherril HS (3)	
G. Volleyball	Date	Nov. 19-20	Nov. 17-18
	Site	Glens Falls (2)	
B. Soccer	Date	Nov. 19-20	Nov. 17-18
	Site		
G. Soccer	Date	Nov. 18-19	Nov. 16-17
	Site	SUNY Cortland/Homer/Tompkins CCC	SUNY Cortland/Homer/Tompkins CCC (3)
Field Hockey	Date	Nov. 18-19	Nov. 16-17
	Site	Cicero-North Syracuse (3)	
G. Swimming	Date	Nov. 18-19	Nov. 16-17
	Site		
Football	Date	Nov. 25-27	Nov. 23-25
	Site	Carrier Dome, Syracuse (3)	Carrier Dome, Syracuse (3)
B. Volleyball	Date	Nov. 19	Nov. 17
	Site		
B. Gymnastics (Reg.)	Date	Nov. 12	Nov. 10
	Site		
WINTER		2011-12	2012-13
Skiling	Date	Feb. 28, 29	
	Site	Lake Placid (7)	
G. Gymnastics	Date	Feb. 25	Feb. 23
	Site	Section 9	
Wrestling	Date	Feb. 24-25	
	Site	Times Union Center (2)	
B. Swimming	Date	March 2-3	March 1-2
	Site		
B/G Bowling	Date	March 3-4	March 2-3
	Site	Section 3	Section 4
B/G Ind. Track	Date	March 3	March 2
	Site		
Ice Hockey	Date	March 10-11	March 9-10
	Site		
G. Basketball	Date	March 16-18	March 15-17
	Site	HVCC (2)	HVCC (2)
B. Basketball	Date	March 16-18	March 15-17
	Site	Glens Falls CC (2)	Glens Falls CC (2)
Rifle (Regional)	Date		
	Site		
B. Volleyball (Reg.)	Date	March 3	March 2
	Site		
SPRING		2011-12	2012-13
B. Tennis	Date	May 31, June 1-2	May 30-31, June 1
	Site	USTA Complex (NYC)	USTA Complex (NYC)
B. Golf	Date	June 2, 3, 4	June 1, 2, 3
	Site	Cornell Univ.	Cornell Univ.
B/G T&F	Date	June 8-9	June 7-8
	Site	Cicero-No. Syracuse (3)	
G. Lacrosse	Date	June 8-9	June 7-8
	Site	SUNY Cortland (3)	SUNY Cortland (3)
B. Lacrosse	Date	June 9	June 8
	Site		
Baseball	Date	June 9	June 8
	Site		
Softball	Date	June 9	June 8
	Site	Adirondack Sport Complex (2)	Adirondack Sport Complex (2)
G. Golf	Date		
	Site		

SECTION IX

APPROVED CLASSIFICATION OF SCHOOLS - BEDS NUMBERS FOR 2010-2011

(Please be aware that the numbers reported will be compared to the SED BEDS numbers when their report is finalized)

SCHOOL	NYSPHSAA ENROLLMENT		FB	VB	XC	FH	B LAX	G LAX	BASK SOC BB SB	Spr.Track Wrestling	SCHOOL	NYSPHSAA ENROLLMENT		FB	VB	XC	FH	B LAX	G LAX	BASK SOC BB SB	Spr.Track Wrestling
	SED #	REPORTED #										SED #	REPORTED #								
John S. Burke		379	C	C	C		C	C	B	II	NFA		2891	AA	AA	AA		A	A	AA	I
Chapel Field		98			D				D	II	James I. O'Neill		398	C	C	C		C	C	B	II
Chester		241	D		D				C	II	Onteora		473	B	B	B	B			B	II
John A. Coleman		136		D	D	C			D	II	Pine Bush		1513	AA	AA	AA	A	A	A	AA	I
Cornwall		872	A	A	A				A	I	Pine Plains (Stissing)		300	C	C	C	C			C	II
Eldred		177	D		D				C	II	Port Jervis		873	A	A	A				A	I
Ellenville ** (431)		412	B	C	C	C			B	II	Red Hook		591	B	B	B	B	C	C	A	II
Fallsburg		301	C	C	C				C	II	Rhinebeck		306		C	C	C			B	II
Family School		87			D				D	II	Rondout		616	A	B	B	B			A	I
F.D.R. * (1428)		1122	AA	AA	AA	A	A		AA	I	Roscoe		47	D		D				D	II
Goshen		746	A	A	A				A	I	S.S. Seward		199		D	D				C	II
Highland		466	B	B	B		C		B	II	Saugerties		804	A	A	A		B	B	A	I
Kingston		1817	AA	AA	AA	A	A	A	AA	I	Spackenkill		441	B	B	B	C			B	II
Liberty		366	C	C	C				B	II	Sullivan West		361	C	C	C				B	II
Livingston Manor		125	D		D				D	II	Tri-Valley		289	C		C				C	II
Marlboro		543	B	B	B				A	II	Tuxedo		305		C	C				B	II
Middletown		1629	AA	AA	AA		A	A	AA	I	Valley Central		1214	AA	AA	AA		A	A	AA	I
Millbrook		295	C	C	C	C			C	II	Wallkill		916	A	A	A		B		A	I
Minisink		1161	AA	AA	AA		A	A	AA	I	Warwick		1173	AA	AA	AA		A	A	AA	I
Monroe-Woodbury		1850	AA	AA	AA		A	A	AA	I	Washingtonville		1179	AA	AA	AA		A	A	AA	I
Monticello		823	A	A	A				A	I	Wawarsing Christian		19								
New Paltz		580	B	B	B		C	C	A	II	Webutuck		206	D	D	D	C			C	II

** Includes Wawarsing Christian Academy (19)

* Includes Rhinebeck for Football (1428)

2010-2011 Sport Exceptions Classifications

5 Classes				3 Classes			Individual Sports	Ice Hockey
Girls Volleyball	Football	Basketball-Soccer-Baseball-Softball	Cross Country	Field Hockey	Boys Lacrosse	Girls Lacrosse	Spring Track Wrestling	Division I
AA 1040 - Up	AA 1000 - Up	AA 925 - up	AA 1025 - Up	A 915 - Up	A 1050 - Up	A 1050 - Up	Wrestling Div. I	1100 & Above
A 690 - 1039	A 600 - 999	A 525 - 924	A 645 - 1024	B 914 - 450	B 650 - 1049	B 675 - 1049	600 - Up	Division II
B 436 - 689	B 400 - 599	B 305 - 524	B 425 - 644	C 449 - Below	C 0 - 649	C 0 - 674	Div. II	1099 & Below
C 256 - 435	C 260 - 399	C 175 - 304	C 256 - 424				0 - 599	
D 0 - 255	D 0 - 259	D 0 - 174	D 0 - 255					



Section IX Athletics

Robert Thabet, Executive Director

TO: Robert Thabet, Executive Director, Section IX
 FROM: James M. Osborne, Section IX Secretary
 RE: 2010-2011 Meeting Dates and Start Dates

Tentative Section IX Meeting Dates

Tuesday	September 14, 2010	
Tuesday,	October 5, 2010	Section IX and NYS PHSA A.D. Workshop
Tuesday	November 30, 2010	
Tuesday	January 11, 2011	
Tuesday	March 1, 2011	
Tuesday	April 12, 2011	
Wednesday	May 18, 2011	
Tuesday	June 14, 2011	

Proposed Start Dates for 2010-2011

FALL

Monday, August 16, 2010	Football – JV/Varsity levels
Monday, August 23, 2010	All Sports – JV/Varsity levels

WINTER

Monday, November 1, 2010	Ice Hockey
Monday, November 8, 2010	All Sports – Freshmen/JV/Varsity levels

SPRING

Monday, March 7, 2011	All Sports – JV/Varsity levels
-----------------------	--------------------------------



February, 25, 2010

MEMO

TO: Glenn Maisch, Section IX Sportsmanship Chairman
FROM: Tim Donovan, SUNY Youth Sports Institute
RE: Sports Parenting Program Level II

The SUNY Youth Sports Institute (YSNY) training curriculum for non-school and volunteer youth coaches is quickly becoming an accepted tool for teaching parents and non-professionals the foundations of coaching children. Since March 2008 our 40 instructors at 31 SUNY campuses have trained 3,200 youth coaches statewide; with a growing number in Section IX. We are grateful for the help we've gotten from school districts. While Athletic Administrators have no responsibility for non-school youth sports, they are the sports leader in their community and their reference can be a potent source of illumination for local youth programs.

In addition to our coaching curriculum we have produced two Sports Parents Programs for non-coaching parents. Our Sports Parenting Program has two levels:

- Level I for parents of children in non-school youth sports
- Level II for parents of adolescents in school-sponsored sports

The Sports Parenting program we've been speaking about for Section IX is the Level II program for parents with children in interscholastic sports; their role and why it matters.

Prior to each lecture, each family receives the SUNY Sports Parenting Guide. These courses take 60-90 minutes with a slide presentation and Q&A discussion on a variety of topics critical for parental understanding, e.g. the role of athletics for their child, in their community and in school settings. This can be at the pre-season "Coach-Parent" meeting or a separate event. The program costs \$2.00 per adult (minimum 50) and we would require at least one parent is required to attend prior to the season or once per school year.

If you would like me to present on March 3 at the Section IX meeting, it would be my pleasure.

SUNY YOUTH SPORTS INSTITUTE

TO: NYSPHSAA Executive Committee
FROM: Robbie Greene, Handbook Committee
DATE: February 10, 2010
RE: Handbook Committee Minutes

Attendance: Robbie Greene, Ted Bondi, Carol Rog, Steve Broadwell, John Gallagher, Bonnie Smith, Trish Kocialski, Renee James, Nina VanErk. The meeting was held by telephone conference.

DISCUSSION ITEMS:

1. **Appeal Panel** – The committee discussed whether there was a need to establish a flat fee for appeals that are heard by conference call. The intention was to minimize frivolous appeals and eliminate the sharing of cost. The committee felt a review of the number of appeals and the cost associated with the appeals be reviewed before a recommendation could be considered. Nina will provide the information prior to the next meeting of the Handbook Committee.
2. **Foreign Exchange and International Students** – The rule has been streamlined by removing the inconsistency and has been made to be more easily understood. The committee recommends the following change to the Foreign Students regulation. **ACTION REQUESTED**

FOREIGN EXCHANGE and INTERNATIONAL STUDENTS

The following criteria apply to all Foreign Exchange and International students:

1. *Students who have been graduated from the secondary school system in their country are ineligible for the interschool athletic program.*
2. *No member of the school's coaching staff or athletic director, paid or voluntary, shall serve as the host family.*
3. *There shall be no evidence that a student, school or other interested party has influenced the assignment of the foreign exchange or international student to a school for athletic purposes.*
4. *Students must possess the appropriate visa.*
5. *The foreign exchange and international student must comply with all other NYSPHSAA and NYSED eligibility requirements.*

In addition to the aforementioned criteria, the following applies to:

- A. **FOREIGN EXCHANGE STUDENTS - All Foreign Exchange Students must be reported to the Section office using the appropriate form.**
 - a. *A bona fide Foreign Exchange student may be immediately eligible the first year in residence and be limited to one year eligibility provided the student (a) is a participant in an established foreign exchange program accepted for listing by the Council of Standards for International Travel (CSIET) and (b) complies with all State Education Department and NYSPHSAA, Inc. standards. Students that are not in an approved CSIET program are subject to the Transfer Rule. NOTE: CSIET list is available at www.nysphsaa.org*
 - b. *There shall be no evidence that a student, school or other interested party has influenced the assignment of the Foreign Exchange student to a school for athletic purposes. The foreign exchange program must assign students to host families by a method that ensures that no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The Foreign Exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities. School districts will be notified by NYSPHSAA if a student is considered to be a "Direct Placement" by CSIET standards. Those Foreign Exchange students who are Direct Placements are subject to the Transfer Rule. (p. --)*

B. INTERNATIONAL STUDENTS - When needed, International students, must receive a waiver of the Transfer Rule to be eligible to practice or compete. Schools must submit the required transfer form to the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.

- a. All International students are considered to be transfer students. Eligibility is determined under the transfer rule. *NOTE: If an International student has participated in an organized sports program in a particular sport, equivalent to or on a higher level than our high school programs, he/she is ineligible to participate in that sport for one year.*
- b. There shall be no evidence that a student, school or other interested party has influenced the assignment of the International student to a school for athletic purposes.

NOTE: Noncompliance with one or more of the foregoing provisions shall render the Foreign Exchange or International student ineligible for interscholastic athletics at any high school which is a member of the NYSPHSAA.

3. **Conducting a Contest** – The committee recommends the following addition to the Handbook to help clarify how a regular season contest must be contested when held in conjunction with a fund raising event. **ACTION REQUESTED**

CONDUCTING A CONTEST – 2nd paragraph (page 86)

When a contest or game is held in conjunction with a fund raising effort the following criteria is required to be met:

1. *The host school is required to have the charity event approved by a school administrator and/or Board of Education.*
 2. *The sport specific game rules (NFHS, NCAA, etc) may not be altered.*
 3. *All NYSPHSAA and NYSED eligibility standards must be followed.*
 4. *Donations may not be made based on the outcome of student performance.*
 5. *If an outside agency or charity is directly involved in the administration, coordination, or organization of the contest, the event must be approved under the Outside Agency rule.*
 6. *League or conference schedules may not be altered unless mutually agreed upon.*
4. **Transgender Policy** – The sub-committee of Renee James, Carol Rog, Bonnie Smith, Julie Maney and Nina Van Erk will meet by conference call on February 25th at 10:30. Support materials have been distributed.
 5. **Scrimmages** – During the sport committee meetings, coordinators have discussed the definition of a scrimmage for their particular sport. The Handbook Committee reviewed recommendations from the following sports: boys and girls soccer, field hockey, wrestling, ice hockey, boys and girls lacrosse, girls golf, boys tennis and softball. The committee would like to the same sport use the same definition for a scrimmage and recommends that soccer incorporate their recommendations into one proposal. Nina will be sharing these recommendations with the Executive Directors to encourage discussion at the Section level prior to the April/May Executive Committee meeting.

FUTURE MEETING

April 8, 2010 - WEDNESDAY – 9:30 CONFERENCE CALL

SCRIMMAGES

BOYS SOCCER:

1. The duration of a scrimmage should not exceed a total of 100 minutes, as this is the maximum allowed for a regular season contest under NFHS rules.
2. The length of time for periods of play in a scrimmage are to be determined by the coaches, not to exceed 40 minutes in any one period: halves, three periods or quarters.
3. No Score shall be kept.
4. No uniforms are to be worn.
5. Scoreboards may be used for timekeeping only.
6. Each period of play shall start with either team's goalie controlling the ball and putting it into play.
7. Substitutions are allowed at any time during a period of play. Substitutions are unlimited in number and substitutions may be made while play is continuing, when there is not be a deadball. ("on the fly")
8. Coaches should stop play and restart with various set pieces during the duration of play.

FIELD HOCKEY:

A scrimmage is differentiated from a game by **using any or all** of the following guidelines:

1. Start with a sideline or 16 yd. hit
2. Use a running clock, and or modified periods
3. Incorporate all or part of the Overtime Procedure into the scrimmage
4. Each team will take 5 offensive corners, playing until:
 - a. a goal is scored
 - b. the ball goes out of bounds
 - c. or crosses the 25yd line.

WRESTLING:

A scrimmage is an interschool practice session. In practice sessions/scrimmages:

1. Both squads use the same practice room simultaneously with both coaches making corrections and giving instructions to players as they would during their own practice.
2. No official score is kept.
3. No definite time is set for scrimmage matches/periods.
4. No admission is charged.
5. No spectators are permitted unless such is the usual plan whenever the squad has a practice.
6. The use of officials would be permitted and encouraged whenever possible for the purpose of instruction regarding the rules and proper application of.
7. No team uniforms will be worn.
8. Can't have a dual meet vs another team and call it a scrimmage (so it doesn't count for individual points)

ICE HOCKEY:

1. A scrimmage would be divided into 2 halves - time to be determined by teams.
2. It is permissible to use the time clock and penalty clocks but no score is kept.
3. Coaches are allowed on the ice for instructional purposes.
4. Certified officials are allowed and encouraged.
5. No admission fee is charged.

GIRLS LACROSSE:

Will be governed by the following

1. No official score kept.
2. Play modified time periods.
3. Alternate possessions.
4. Start the game at different times w/ a draw.
5. Unlimited time outs
6. Coaching on the field to re-set up a play.
**It is recommended that 3 of the 6 are done at every scrimmage.

BOYS' LACROSSE:

A scrimmage is defined as: see pp. 96 & 97 #12 of the handbook and include a, b, c, & d and under football scrimmage a, b, c, d including different game situations such as: face-offs, clears & rides, fast breaks, extra man and man down and also e, f, j, and k.

GIRLS GOLF:

During a scrimmage players are to use:

1. Different tees
2. Multiple shots
3. Play 2 or three balls
4. Change in format: match play, Ryder cup, or best ball format,
5. No scoring
6. Multiple putts

SOFTBALL:

Scrimmage will include free substitutions; will not include scorekeeping or lineup exchange and must include at least one of these options:

1. Six (6) outs (3 outs clear the field/ 3 more outs) per inning,
2. All players in batting order,
3. Start with runners on base in even innings.

GIRLS SOCCER

A scrimmage will consist of the following:

1. 4 or 5 – 20 minute running time quarters with a designated stoppage of play at the end of each quarter. Play a maximum of 100 minutes
2. Play will begin with goalie having possession of the ball at the beginning of each quarter. (alternate possession)
3. When a goal is scored –the play will continue with goalie possession. The goalie can start play with a Goal kick, Goalie Throw or Goalie punt.